

## NEWSLETTER ISSUE 4

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FAKULTA TELESNEJ  
VÝCHOVY A ŠPORTU  
Univerzita Komenského  
v Bratislave



MAIÊUTICA Cooperativa de Ensino Superior, C.R.L.



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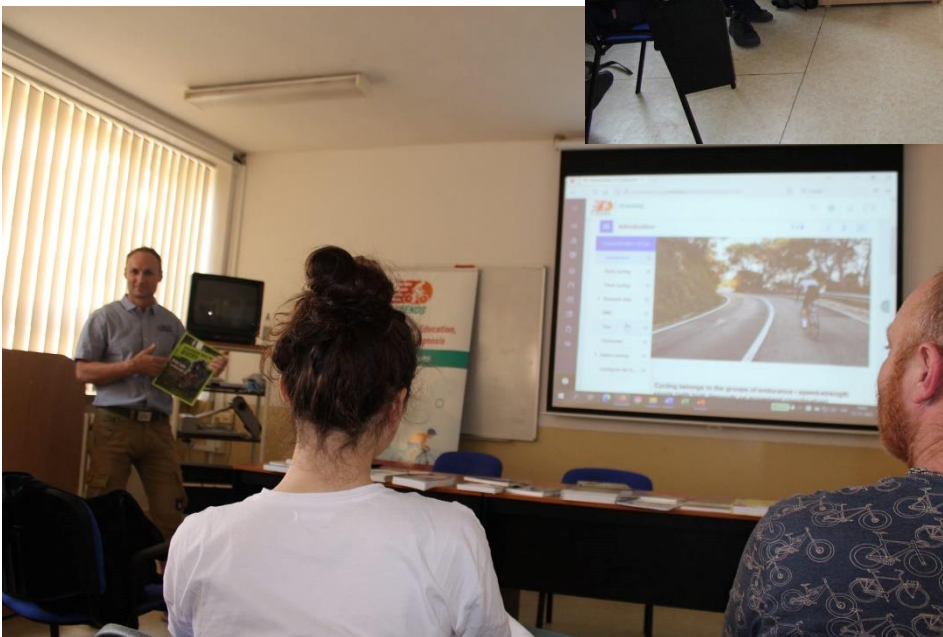
### Multiplier Sports Events in Slovakia

On November 12, 2022, the partner's organization **Faculty of Physical Education and Sport of Comenius University in Bratislava** realized its first Multiplier sports event called **New Trends in the Education of Sports Professionals in Cycling**. Participants were presented with the project, its outputs as well as the partnership within the project.

The participants were interested in the C-TRENDS platform and the possibilities of obtaining new information through this platform.

We are looking forward to other events implemented by other partners, about which we will keep you informed.





The multiplier sports events are very important to disseminate the results of the project at a national level. It is a valuable opportunity, for the partners participating in the event to encounter other organizations interested in the topic well as local and national stakeholders and decision makers.

On November 26, 2022, the **Slovak Cycling Federation** organized "Multiplier sport event" called "Theoretical and practical education of sports experts in cycling". The event took place in Topoľčianky in the premises of Tatran Sport, which provided suitable premises for the theoretical as well as practical part of the event. The participants - cycling coaches beginners – got informed about the aim of the project and its outputs, which they tested on a pilot basis.

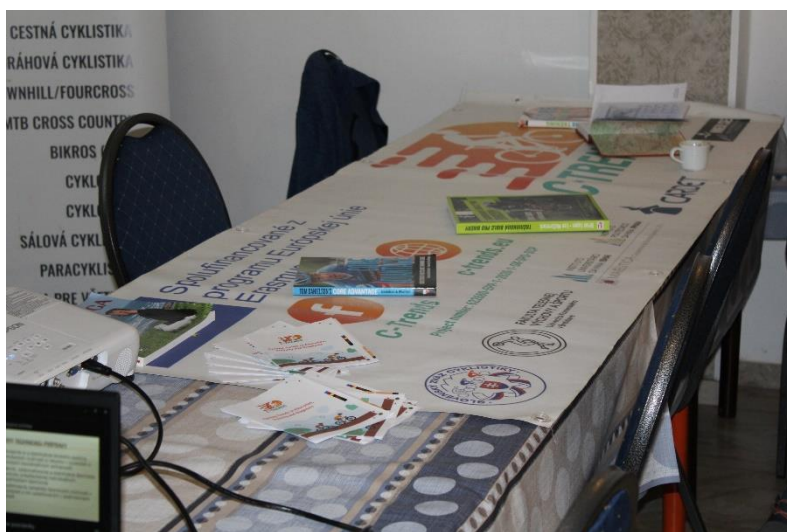


The C-TRENDS digital platform was presented to the participants of the event: <https://elearning.c-trends.eu/>. The digital platform and interactive resources provide coaches and cyclists of all ages and performance levels in five disciplines with relevant and up-to-date information in different areas of cycling. Advanced Level - The advanced level modules within the platform are a methodical electronic manual containing guidelines for coaches/cyclists to improve their training and sporting practices and sporting performance.

Coaches were also introduced to the possibility of using the software, however, it is currently still in a state of final development. The software provides, on a purely individual basis, an analysis of the degree of statistical significance of the impact of training load over a specified time period on changes in clearly defined indicators of the athlete's (cyclist's) special performance.



In addition to the theoretical training, the participants also completed the practical part of the event directly in the field.



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