

## NEWSLETTER ISSUE 3

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FAKULTA TELESNEJ  
VÝCHOVY A ŠPORTU  
Univerzita Komenského  
v Bratislave



MAIÊUTICA Cooperativa de Ensino Superior, C.R.L.



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### Transnational project meeting in Madrid

On 5 and 6 April 2022, second transnational project meeting of the partners took place in Madrid, Spain. This was only the second face-to-face meeting, having held the first meeting in Budapest at the end of 2021. Due to the situation related to COVID-19, regular meetings were held exclusively online until then.

The meeting was not attended by the partner from Cyprus, Cardet, due to quarantine reasons, and were present online.



At the meeting in Madrid, the partners discussed the coordination of the production of the three project outputs and the implementation plan for the next period.

We continue in developing and testing modern and interactive training materials on sports training in different cycling disciplines, which will be specially adapted to the current technical equipment, rules and current trends.

This meeting offered an excellent opportunity to planning of IO2 and IO3 and discuss the overall progress of the project.

## Transnational project meeting in Porto

On 14 and 15 December 2022, the third transnational project meeting took place in Porto.



MAIEUTICA was the host organisation of the meeting in Porto. During the first day, the partners met at the Polytechnic Institute of Maia - IPMAIA. The university campus occupies an area of 70,000 m<sup>2</sup> and provides students with excellent infrastructure and high-tech equipment. There is also a new sports complex on the university campus.

Representatives from each of the project partner organizations attended the meeting, and the focus of the meeting was on the current issues of coordination of project activities, finalization of project deliverables and coordination of further progress and implementation within the project for the last 6 months of implementation.



On the second day, the meeting continued in Anadia, where MAIEUTICA, in collaboration with the Portuguese Cycling Federation, arranged the opportunity to use the facilities of the UCI Satellite Centre. In addition to the administrative premises, there were also facilities for laboratory testing of athletes, sports fields for BMX, mountain biking and velodrome facilities for track cycling.



In addition to dealing with work issues, transnational project meeting offers a great opportunity for informal meetings, networking and strengthening relationships within the partnership.



The essence of networking in our projects lies in the power of connection, collaboration, and building relationships across borders. It involves establishing and developing professional contacts and partnerships with individuals and organizations from different countries and cultures. Networking is essential for us for several reasons:

- access to resources and expertise: by connecting with partners, project team can access a wider range of perspectives, ideas, and capabilities to enhance project outcomes;
- knowledge Sharing and learning: Through interactions with professionals from different backgrounds, project stakeholders can gain insights into various approaches, strategies, and solutions employed in different countries. This knowledge sharing enables continuous learning, adaptation, and improvement throughout the project lifecycle;
- cultural understanding and adaptation: by connecting with professionals from different countries, project partners can gain insights into cultural norms, values, and expectations;

Formal and informal networking within our project helps to facilitate knowledge sharing, collaboration and cultural understanding.

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