

## NEWSLETTER ISSUE 13

June 2023



FAKULTA TELESNEJ  
VÝCHOVY A ŠPORTU  
Univerzita Komenského  
v Bratislave



MAIEUTICA Cooperativa de Ensino Superior, C.R.L.



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## Multiplier Sports Event 2 in Portugal

Second Multiplier Sport Event organized by **MAIEUTICA**. The event took place at the High Performance Centre of Anadia, Portugal – UCI Continental Satellite Centre on June 16, 2023. MAIEUTICA promoted the event on the campus and social media. The event was also registered in the Portuguese Institute of Sports and attributed credits to coaches. It was also promoted in the Portuguese Cycling Federation's website.



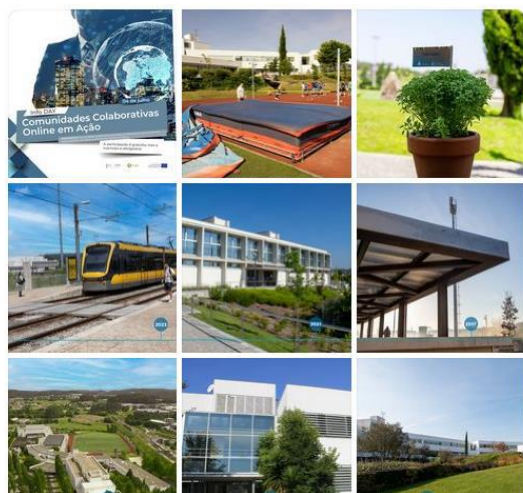
Instituto Politécnico da Maia - IPMAIA

Intervalo de preços · \$\$\$

Classificação · 4,9 (38 críticas)

Fotos

[Ver todas as fotos](#)



Instituto Politécnico da Maia - IPMAIA

13 de junho às 11:52

No próximo dia 17 de junho, decorrerá um evento de divulgação do Projeto C-Trends, intitulado "Cycling Trends in Education, Training and Diagnosis"

17 de junho

14H00 - 17H00

CAR Anadia - Sangalhos

[PR... Ver mais](#)



Sandra Alves Santiago, Ana Rita Vinário e 1 outra pessoa

MAIEUTICA team created the agenda, prepared PPT presentations to introduce the project, promoted the event, provided details for registering in the e-learning platform, carried out the practical cycling session and sent the event evaluation form to participants.

The event was delivered by our expert Pedro Vigario, who is also the MTB Portuguese National Coach and responsible for coaches training and education. He holds a Sports Training degree and is the responsible for the cycling specialization at Maia Polytechnic Institute (Maieutica). He is also the technical director of UCI Continental Satellite Centre of Anadia.

The event started with participants' visit of the High-Performance Centre Installations, continue with information about European program Erasmus+ Sport support and C-TRENDS project: background, aims, objectives, intellectual outcomes, benefits of the project, guidance on how to use the digital platform, e-guides and OptiCycle app.

The event was also connected with Lecture - training methodology in cycling for young cyclists.

In brief, the MSE was completed achieving its purpose. Participants (Coaches and cyclists (amateur and professional) and Public) were well informed about the project purpose and objectives, the innovative aspect of the platform, and were able to have access

## CYCLING TRENDS IN EDUCATION, TRAINING AND DIAGNOSIS - MSE#2

19

Respostas

01:10

Tempo médio de conclusão

Ativo

Estado

Avaliar as respostas

Publicar pontuações

Abrir no Excel

1. Qual o seu grau de satisfação com a informação recebida? (0 ponto)

Mais Detalhes

Informações

Muito insatisfeito	0
Insatisfeito	0
Neutro	0
Satisfeito	0
Muito satisfeito	19



2. Os objetivos da atividade foram claros para si? (0 ponto)

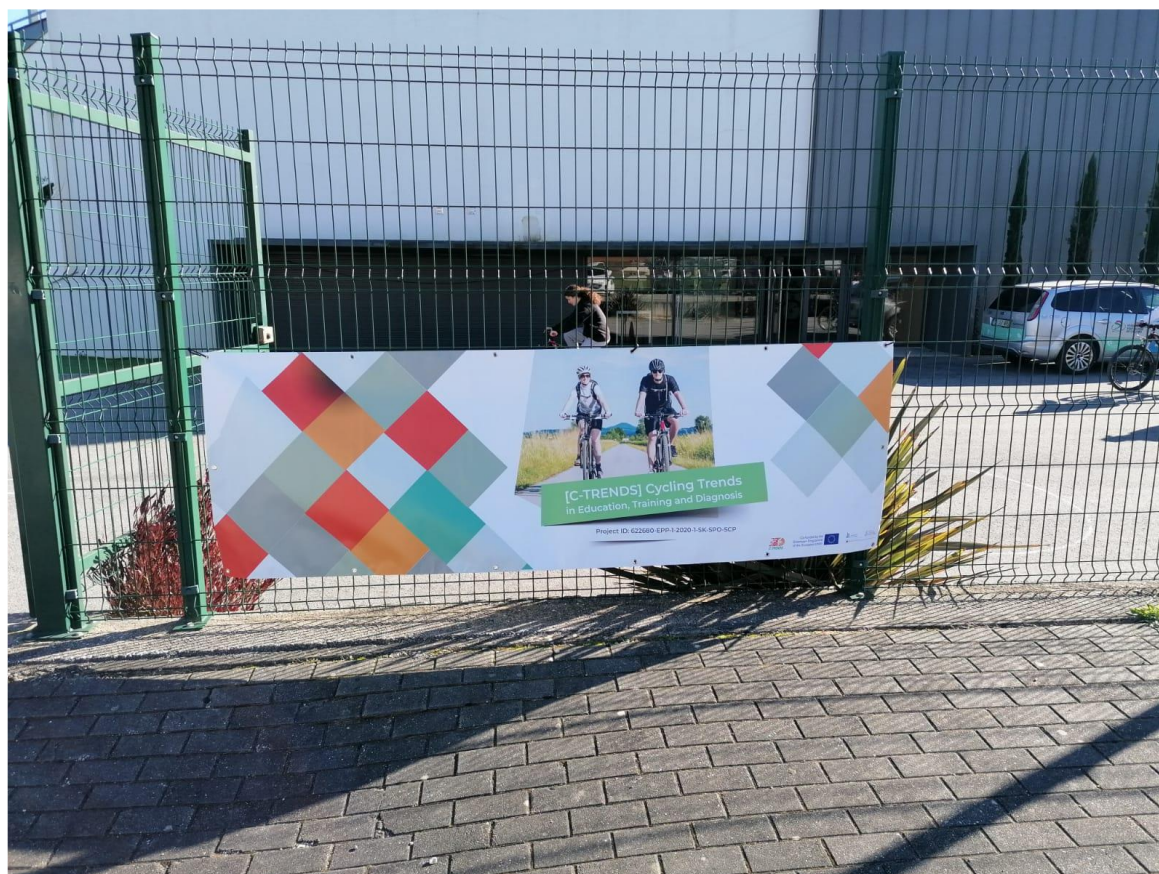
Mais Detalhes

Informações

Sim	19
Não	0



and read the content of the e-guides (i.e., Intellectual Output 1, 2 and 3). In addition, participants were guided to create an account in the e-learning platform of the project, test the learning resources, and give feedback. This encouraged the participants, coaches and cyclists (amateurs and professionals) to engage with the resources developed.



Ação certificada pelo IPDJ | 06 U.C | CA: 55936068



17 de Junho

Local: CAR Anadia - Sangalhos

14H00 - 17H00

## [C-TRENDS] Cycling Trends in Education, Training and Diagnosis

**PROGRAMA**

- Receção dos participantes
- Visita às instalações do CAR
- O desenvolvimento de competências no Ciclismo
- Apresentação do projeto e dos seus principais resultados
- Acesso e experimentação dos recursos interativos C-TRENDS
- Q&A, Networking



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Co-funded by the  
Erasmus+ Programme  
of the European Union



**C-Trends**



**c-trends.eu**

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